



Relationship Support Group for Women

This support group may be for you, if:

- You are frightened by angry outbursts and arguments between you and your partner.
- You are feeling down and/or angry about your relationship and feel helpless to change it.
- The impact of conflict is adversely affecting your personal, social, and work life.
- You want to learn how other women in similar situations are handling intimate partner issues and conflict.

In this support group, you will:

- Recognize abusive behaviors.
- Recognize the signs of trauma in yourself and your children.
- Build self-acceptance and self-confidence.
- Develop a safety plan.
- Create a better life for you and your family.

Location: St. Mary's Church, 219 Bean Avenue, Los Gatos, CA 95030

Dates: Weekly on Mondays: Beginning January, 2007

Time: 6:30 to 8:30 p.m.

To participate in the group/for more information call Wendy Taylor, M.A., MFT Intern, Next Door Solutions 408-354-2707

(Supervised by Lari Kathleen Quinn, MFC #27437)

Next Door Solutions offers a full range of counseling services to break the cycle of violence in intimate partner relationships in order to provide individuals and families with relationship experiences that are healthy, adaptive, loving, and caring.

